

TODD BROSSART

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Employment:

Mental Events Denver, CO

Therapist

June 2018 - Present

- Coordinate the delivery of mental health treatment services in telehealth setting
- Facilitate weekly mindfulness-based cognitive therapy (MBCT) group
- Responsible for conducting mental health assessments and creating treatment plans
- Provide Cognitive-Behavioral, Acceptance and Commitment Therapy, Mindfulness-Based Cognitive Therapy, and Motivational Interviewing treatment modalities

Veterans Affairs Denver, CO

Substance Abuse Therapist

August 2014 – July 2019

- Coordinate the delivery of mental health treatment services in an outpatient clinic setting
- Independently facilitate Anger Management and Relapse Prevention groups
- Developed and independently facilitate a mindfulness-based curriculum
- Implement risk and crisis management strategies in a triage on-call setting
- Responsible for conducting mental health assessments and creating treatment plans
- Provided Cognitive-Behavioral and Motivational Interviewing treatment modalities

Veterans Affairs Denver, CO

Veterans Justice Outreach Coordinator

July 2010 – August 2014

- Responsible for oversight and coordination of the Veterans Justice Outreach program and supervision of staff
- Provided VA presence and problem-solving experience on a policy-making level with advocacy groups including the Denver Crime Prevention Commission – and subsequent subcommittees - Jail Re-entry/Mental Health/Geriatric
- Assisted in the developmental process and direct implementation of Veterans Treatment Courts in Denver, Adams, Arapahoe, and Jefferson Counties
- Partnered with multiple Colorado Sheriff's Departments to develop a Military Services Report which was used to identify justice-involved veterans during the initial booking process at the County Jail level
- Responsible for conducting mental health assessments in an incarcerated setting, creating treatment plans and acting as a liaison and care coordinator when partnering with VA, civilian treatment centers, and with social and human agencies on behalf of the justice-involved veteran

Veterans Affairs Denver, CO

Health Care for Homeless Veterans Project

Sept 2008 – July 2010

- Conducted outreach to homeless shelters on behalf of the VA with intention of connecting veterans not previously enrolled in VA health care services
- Provided therapeutic case management for homeless veterans with co-occurring dual diagnosis disorders and completed mental health assessments
- Utilized Animal-Assisted therapeutic strategies with homeless veterans
- Utilized motivational interviewing techniques while conducting community outreach with street homeless veterans who were ambivalent about engaging in health care through the VA system

Access of the Red River Moorhead, MN

Mental Health Counselor

June 2004 – June 2007

- Coordinated and integrated the delivery of mental health services on behalf of at-risk youth and their family
- Formulated the development and maintenance of Individual Treatment Plan (ITP) including, but not limited to: goal/objective writing, observation of program implementation, and ensuring proper documentation

Education: _____

Master of Social Work 2008
University of Denver (DU), Denver, Colorado

Bachelor of Social Work 2004
Minnesota State University Moorhead (MSUM), Moorhead, MN

Licenses: _____

Licensed Clinical Social Worker, State of Colorado, #2071

Licensed Clinical Social Worker, State of North Dakota, #3886

Awards: _____

Award of Merit for Outstanding Service - Adams County Court for Veterans 2014
Adams County, Colorado Judicial Staff (17th Judicial District)

Secretary's Award for Outstanding Achievement in Service to Homeless Veterans 2009
The National Homeless Veterans Administration (VA) Summit

Phi Alpha Honor Society 2008
University of Denver

Outstanding Student Social Work Award 2004
North Dakota Conference of Social Welfare

Training: _____

Mindfulness-Based Cognitive Therapy

Cognitive Behavioral Therapy for Substance Use Disorders

Strategies and Skills Development in Addressing Problematic Behaviors

Moral Reconciliation Therapy

Social Skills Training for Schizophrenics

Acceptance and Commitment Therapy

Motivational Interviewing